

# Mary E. Groff Scholar Update

**Mwiza Ushe, MD**

**11/17/2023**



NATIONAL LEADERS IN MEDICINE

# 2023-2024 Mary E. Groff Scholars



NATIONAL LEADERS IN MEDICINE

# Christine Petit-Frère



- Education:
  - Morehouse School of Medicine: 2019 - Present
  - Doctor of Medicine
  - Expected Graduation: December 2023
- Groff Scholar Rotations:
  - General Neurology: 8/28/23 – 9/10/23
  - Adult Epilepsy: 9/11/23 – 9/24/23
- Interested in developing and implementing technology to assist patients with neurocognitive disorders.
- Interviewed with WashU for residency 10/2023

# Christine Petit-Frère



- “In addition to learning more about being a neurologist from the amazing team of residents and attendings, I have also gained broader exposure to neurological conditions. My home institution has limited opportunities for students to rotate through neurology. In the short time that I have been at WUSTL, I have seen patients with post stroke seizures, myasthenia gravis, multiple sclerosis and much more. I was able to follow a patient who was just diagnosed with HIV and presented with cryptococcal meningitis complicated by intracranial hypertension. My experience here showed me how extensive the field of neurology is and how it is quickly evolving. ”
- “my experience at WUSTL thus far has had such a significant impact on me and my future. I am honored and grateful for being selected as a Groff Scholar”

# Julio M. Cuevas Cruz



- **Education:**
  - San Juan Bautista School of Medicine: 2020 - Present
  - Doctor of Medicine
  - Expected Graduation: May 2024
- **Groff Scholar Rotations:**
  - Adult Epilepsy: 9/25/23 – 10/6/23
  - General Service: 10/7/23 – 10/13/23
  - NNICU: 10/14/23 – 10/20/23
- Committed to neurology with student leadership on campus for several years. Interested in improving neurology care for underserved populations.
- Interviewed with WashU for residency 11/2023

# Julio M. Cuevas Cruz



- “The Mary E. Groff Scholars Program empowered me to apply the theoretical knowledge I had acquired during my medical education to real-world patient care scenarios. This invaluable experience not only solidified my clinical skills and decision-making abilities but also opened doors to opportunities and insights that would have otherwise been out of reach.”
- “My experience in the Epilepsy Monitoring Unit was particularly enriching. I had the unique opportunity to engage in multidisciplinary discussions with Neurosurgeons, an experience that was rarely accessible in Puerto Rico ...”
- “I firmly believe that the Mary E. Groff Diversity Scholars Program offers invaluable opportunities for aspiring Latinx neurologists, like myself, to make a positive impact by ensuring that patients feel represented and truly understood.”

# Britney Pitter



- **Education:**
  - Morehouse School of Medicine: 2018 - Present
  - Doctor of Medicine
  - Expected Graduation: May 2024
- **Groff Scholar Rotations:**
  - General Neurology: 10/23/23 – 11/05/23
  - Vascular Neurology: 11/06/23 – 11/19/23
- A student committed to neuroscience and neurology with a heart for people with hearing disability and caring for underserved populations.
- Will interview later this year.

# Current Connections and Future Connections

- Morehouse School of Medicine – Atlanta, GA
- Meharry School of Medicine – Nashville, TN
- San Juan Bautista School of Medicine, PR
- Future
  - University of Mississippi School of Medicine, Jackson, MS
  - Texas programs
  - Oklahoma
  - North Dakota
  - Other programs without mandatory third year neurology clerkship



# Lessons Learned

- Start early
- Advertise more widely
- Students will likely need help with preparing their ERAS application
- Letters of recommendations from WashU will be important
- More frequent communication with our scholars while in St. Louis

# International Neurology

- Team:
  - Faculty: Ushe, Clifford, Laurido-Soto, Kang,
  - Residents: Martin, Viswanath, Bonomi
- Goals
  - Introduce residents to the area of international neurology
  - Create opportunities for external rotation
  - Enhance diversity and equity in our department efforts
- Plan
  - Journal Club/Rounds
  - Medical Spanish education
  - Spanish speaking clinic experience locally
  - International elective
    - Ethiopia
    - Zambia
    - Puerto Rico
    - Others?